

## Act of Offering

**O** my divine Lord, I offer you my body and its senses, my soul and its faculties, my heart and its sentiments.

**M**y thoughts, my desires, my words, my actions, my whole being are yours.

Since you have given yourself wholly for me, can I do less than give myself wholly to you?

Grant me, O Divine Jesus, to persevere in your holy love.

Give me a still greater sorrow for my past sins, and strengthen the sincere resolution I have formed never again to offend you.

## Evangelii Nuntiandi

Apostolic Exhortation  
by Pope Paul VI

46. For this reason, side-by-side with the collective proclamation of the Gospel, the other form of transmission, the personal-to-personal one, remains valid and important. The Lord often used it (for example with Nicodemus, Zacchaeus, the Samaritan woman, Simon the Pharisee), and so did the Apostles. In the long run, is there any other way of handing on the Gospel than by transmitting to another person one's personal experience of faith? It must not happen that the pressing need to proclaim the Good News to the multitudes should cause us to forget this form of proclamation whereby an individual's personal conscience is reached and touched by an entirely unique word that he receives from someone else.